



**Helping children and youth
with barriers and challenges
get the most out of life.**



Promoting Independence and Choice

Is this right for my family?

Independence, health, fulfillment, choice

What is a Recreation Therapist?

An RT is a university- and college-trained health professional who helps people engage in productive and meaningful leisure time. The RT acts as friend, instructor, facilitator, educator and personal coach all at once.

Why pay for Therapeutic Recreation?

TR is a highly proactive profession that goes far beyond the abilities of companion services. TR employs a huge variety of techniques and resources, from physical activity to music, in order to design successful programs that improve quality of living.

Who should use Therapeutic Recreation?

Anyone who could be getting a bit more out of life, but needs help to find out how and ongoing support to do it.

Children learn many of their social skills and life lessons through play.

Being meaningfully engaged physically, socially, spiritually, and psychologically is an important part of learning and development.

Kids with barriers and challenges may need one to one support to successfully engage in recreation and leisure activities and make the most of these learning and development opportunities We can help.

We do it through a practice called Therapeutic Recreation, and we deliver it in the home.

In addition to our in-home service we offer caregiver and family education and training programs. Please call us to find out how we can help you best.

Promoting quality living

Custom, one-on-one, professionally delivered

Jackson Therapeutic Recreation services and benefits include:

- **Physical activation**
- **Cognitive stimulation**
- **Intellectual engagement**
- **Social involvement**
- **Build the ability and skills to have choice in recreation and leisure activities**
- **Overcome feelings of isolation and loneliness**
- **Set a personal goal and achieve it**
- **Learn social skills**
- **Adjust to new or different life situations**
- **Improve self-confidence**
- **Engage life as independently as possible**
- **Just have fun**

We can work with any type of health challenge.

Jackson Therapeutic Recreation staff provides the best combination of skills and experience to make a real and positive difference in the life of your child.

Caregivers are free to leave during sessions; they do not need to stay.

All of our recreation therapists are insured by liability and WSIB coverage.

The cost of our service is tax deductible as a medical expense.

Multiple languages served.

Billed by the hour: from \$35.00/hr
8 hour day rate: from \$252.00

*HST not included. Prices are subject to change without notice.

Giving your child more

Our services will help your child:

- **Develop their sense of independence**
- **Create and maintain conditions that promote overall health and wellness**
- **Develop the ability and skills to have choice in their recreational activities**
- **Help them just have a good time**

Call us today for a free assessment.



Jackson Services Inc.
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