



**Providing a meaningful and
rewarding lifestyle for
your family member.**



Promoting Independence and Choice

Is this right for my family?

Independence, health, fulfillment, choice

What is a Recreation Therapist?

An RT is a university- and college-trained health professional who helps people engage in productive and meaningful leisure time. The RT acts as instructor, facilitator, educator and personal coach all at once.

Why pay for Therapeutic Recreation?

TR is a highly proactive profession that goes far beyond the abilities of companion services. TR employs a huge variety of techniques and resources, from physical activity to music, in order to design successful programs that improve quality of living.

Who should use Therapeutic Recreation?

Anyone who could be getting a bit more out of life, but needs help to find out how and ongoing support to do it.

The core objective of any retirement residence is to provide the highest quality of service possible. **Sometimes, residents and their families can benefit from more.**

A supplemental provider can tailor one-to-one services to exactly match a resident's evolving needs.

Do you:

- **Wish that you could do more, but cannot always find the time?**
- **Want extra time spent with your family member?**
- **Want this time to be proactive and therapeutic?**
- **Want this time spent doing things one to one, and geared to their individual needs, interests and abilities?**

There are many other possible benefits. Call us today to find out how we can help you.

Promoting quality living

Custom, one-on-one, professionally delivered

Jackson Therapeutic Recreation services include:

- **Physical activation**
- **Cognitive stimulation**
- **Intellectual participation**
- **Social involvement**
- **Mental engagement**
- **Focus on enjoyable activities and positives**
- **Set a personal goal and achieve it**
- **Develop new skills and interests**
- **Personalized outings**
- **Provide proactive and engaging interaction**
- **Anything else that will help improve your loved one's quality of living**

Our only focus is your family member.

Jackson Therapeutic Recreation staff provides the best combination of skills and experience to make a real and positive difference in the life of your family member.

All of our recreation therapists are insured by liability and WSIB coverage.

Ask about our caregiver & family education / training programs.

The cost of our service is tax deductible as a medical expense.

Multiple languages served.

Billed by the hour: \$29.00 - 35.00/hr

*HST not included. Prices are subject to change without notice.

Giving your family member more

Our services will help your family member:

- **Protect their sense of independence**
- **Create and maintain conditions that promote overall health and wellness**
- **Maintain the ability and skills to have choice in their recreational activities**
- **Just have a good time**

Call us today for a free assessment.



Jackson Services Inc.
www.jacksonservices.ca

T **905-741-8408**
888-684-7729 x200